



Joint Health and Wellbeing Strategy Theme - Dying Well

14th September 2016

Presented by: Alex Bird Age UK North Yorkshire

Summary:

This report provides an update on activity to ensure people in North Yorkshire receive better End of Life (EoL) care.

Which of the themes and/or enablers in the North Yorkshire Joint Health & Wellbeing Strategy are addressed in this paper?

[Please tick as appropriate]

Themes	✓
Connected Communities	
Start Well	
Live Well	
Age Well	
Dying Well	✓
Enablers	
A new relationship with people using services	✓
Workforce	✓
Technology	
Economic Prosperity	

How does this paper fit with other strategies and plans in place in North Yorkshire?

Dying Well is a theme within the North Yorkshire Joint Health and Wellbeing Strategy 2015-2020

What do you want the Health & Wellbeing Board to do as a result of this paper?

It is recommended that Health and Wellbeing Board:-

- Note the activity within the Dying Well theme to ensure people in North Yorkshire receive better EoL care and comment on the findings of the JSNA Deep Dive report
- Commit partnership support to the development of action plans and measures to deliver better care for people approaching the end of life and their families and carers;
- Consider whether additional needs assessment is required



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1. Purpose

- 1.1. The purpose of this report is to provide an update on activity to ensure people in North Yorkshire receive better End of Life (EoL) care.

2. National Context

- 2.1. The “Review of Choice in End of Life Care” was published in 2015 and set out the elements of EoL Care that people most care about and where people felt choice should play the greatest role. There are also a number of reports, frameworks and guidance on evidencing effective interventions.
- 2.2. In July 2016, the Government unveiled a new national commitment on EoL care setting out its vision for improving care for dying people and their families. The key components of personalised care that everybody should expect are set out as follows:-
- Honest discussions between care professionals and dying people;
 - Dying people being given clear information to make informed choices about their care;
 - Personalised care plans for everyone;
 - The involvement of family and carers in dying people’s care
 - A key contact so dying people know who to contact at any time of the day/night.
- 2.3. The Government sets out a raft of measures to help deliver better care for people approaching the end of life on a wide variety of areas ranging from the roll out of Electronic Palliative Care Co-ordination System, to all areas by 2020, to asking Sustainability and Transformation Plans (STPs) to include EoL care.
- 2.4. New metrics to measure quality and choice in EoL care and ensuring monitoring through existing NHS mechanisms e.g. through specific responsibility for bodies such as NHS England and Health Education England- will increase accountability and help to drive improvements.

3. Local Context

- 3.1. Dying Well is a theme of the North Yorkshire Joint Health and Wellbeing Strategy (JHWS) approved by the Health and Wellbeing Board in November 2015.
- 3.2. In developing the strategy people told us that dying well is very important for all ages and providing support to friends and relatives should have greater prominence, and asked us to consider how bereavement support is provided to grieving friends and relatives.
- 3.3. These comments reflect some key issues identified through research:-
- a) **Discrimination** and lack of understanding by care and support services;
 - b) **Religion** and **Spiritual** needs;
 - c) **Assumptions** about sexuality or gender identity and family structures;
 - d) Varied support networks and access to help
 - e) Unsupported grief and bereavement;
 - f) Increased pressure on **carers**
- 3.4. In response to feedback the JHWS identifies the following outcomes to better support people in North Yorkshire at the end of life:-
- Individuals are supported and encouraged to prepare for and plan their last days
 - All individuals, their carers and families' experience good end of life care
- 3.5. The intentions in delivering the strategy are that by 2020 North Yorkshire People can expect to see:-
- A greater range of support options for people in their last years of life
 - More people receiving support for themselves and their families at the end of life
 - More people dying at home or in the place that they choose
 - Greater numbers of trained staff and carers with deeper understanding about the range of issues in end of life care
 - Adoption of new and emerging best practice and principles around end of life care (Ambitions for Palliative and End of Life Care: A national framework for local action 2015-2020 - www.endoflifecareambitions.org.uk).
 - End of life care being planned in an effective and sensitively appropriate way, and for staff to be adequately trained
- 3.6. It should be noted that there is no new central funding for EoL care and securing additional local funding will depend on the extent to which EoL care is prioritised locally. This is a key area for the HWB and CCGs. Local

ownership and accountability will be critical to help achieve the vision. Providers, funders and leaders, all have a role to play in helping to deliver improvements and to use their influences to help more people achieve their wishes and preferences at the end of life.

4. Progress Update

- 4.1. It is acknowledged that there are a range of activities undertaken across the partnership to deliver good end of life care.
- 4.2. The focus of this report however will be on providing an update on a Joint Strategic Needs Assessment (JSNA) “Deep Dive” on End of Life Care which will underpin the delivery of the Dying Well theme, and to highlight the work of the North Yorkshire County Council - Scrutiny of Health Committee.
- 4.3. A report on the JSNA Deep Dive has recently been completed and provides the combination of national guidance with local data to inform commissioning priorities. The report is attached as appendix 1 and is the subject of a presentation to the Health and Wellbeing Board meeting.
- 4.4. The report identifies the key issues to be addressed in achieving the aims of the Joint Health and Wellbeing Strategy and acknowledges that discovering the needs of dying people and then trying to translate these needs into practice is not an easy process. Furthermore making good EoL care happen does not always require additional financial input and is not the responsibility of one person or organisation. It happens because professionals and organisations work together, share information and focus on the individual’s needs.
- 4.5. To deliver on the commitment to improve care for dying people and their families the report makes recommendations for commissioners around the following seven key themes:-
 - Adopting “ Principles of a Good Death”
 - Training for staff, volunteers and the wider community
 - Work with national and local charities e.g. MacMillan, Sue Ryder, Hospices
 - Ensure that literature and materials about EoL services reflect all diverse groups and resources are available and accessible
 - Share examples of local excellence in EoL care e.g. Gold Line, Family Link Workers in Palliative Care;
 - Strengthen accountability and transparency (June 2018- new Clinical Priority Area) and leadership;
 - Equality - understand, acknowledge and action variations in EoL care.

- 4.6. Communicating the messages from the report across the partnership is well underway with presentations already having been made to commissioners, locality transformation boards and Scrutiny of Health Committee.
- 4.7. Following approval of the Joint Health and Wellbeing Strategy Scrutiny of Health Committee agreed to undertake an in-depth scrutiny of Dying Well, with a particular focus on End of Life Care.
- 4.8. The initial framework for this work was agreed by Members in July and a project plan has been prepared to guide the Committee's work over the next 6 months.
- 4.9. Two outcomes are anticipated from this piece of scrutiny work:
- A number of guiding principles or standards will be identified for the commissioning and/or provision of End of Life Care in North Yorkshire, which help improve the experience of those people affected
 - The consultation and engagement work undertaken by the committee will provide further evidence to inform the Joint Strategic Needs Assessment (JSNA), specifically around 'soft intelligence' and the areas highlighted for further assessment and/or investigation.
- 4.10. Findings from the in-depth scrutiny will be available at the beginning of 2017

5. Recommendations

- 5.1. It is recommended that Health and Wellbeing Board:-

- Note the activity within the Dying Well theme to ensure people in North Yorkshire receive better EoL care and comment on the findings of the JSNA Deep Dive report
- Commit partnership support to the development of action plans and measures to deliver better care for people approaching the end of life and their families and carers;
- Consider whether additional needs assessment is required.

6. Report Authors

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